



Ric Hellmann

Ric has served for more than 24-years in the United States Navy, with duty stations from the Carolinas to Japan. His opportunities with leadership learning include serving on board nuclear aircraft carriers, a US Marine Corps logistic company, shore-based military treatment facilities, and training facilities.

A professionally trained coach, instructor, facilitator, and speaker, Ric has led, developed, and trained scores of medical professionals, ranging from small outpatient clinics to multibillion dollar hospitals; from logistical support to the US Marine Corps. His vast experiences have equipped him with day-to-day practical solutions to leadership's toughest challenges. Trusted by many, he uses a delicate balance of one-to-one coaching and consulting to deliver maximum value. He has worked with leaders at all levels in a variety of industries - from newly christened junior leaders in technology and medicine, to the Navy's most respected Commanding Officers.

Clients describe Ric as intuitive, creative, and a master of metaphors; his direct approach will challenge you in a way to reach further. He is sought out for his energetic, safe, and dynamic coaching style that leads to measurable results.

Ric is supported by his wife and three children and lives near Minneapolis, Minnesota.

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